



Islands West  
www.islandwest.com



# Local B.C. Products

July 21<sup>st</sup> - July 27<sup>th</sup>, 2018

Locally Owned & Operated



## Michell Farms

(Victoria)

Green Cabbage  
Red Cabbage  
Green Leaf Lettuce  
Red Leaf Lettuce  
Romaine Lettuce  
Green Zucchini  
Yellow Zucchini  
Green Kale

## B.C. Fresh

(Lower Mainland)

Rutabaga  
Red Beets  
Fingerling Potatoes  
Turnips  
Kennebec Potatoes

## RGR

(Lower Mainland)

Radishes  
Cilantro  
Carrots Bunched  
Spinach Bunched  
Beets Bunched  
Dill Cucumbers  
Green Beans

## Champs Mushrooms

(Lower Mainland)

Portabella  
Portabellini  
Oyster  
#1  
Jumbo  
Organic - Brown, Medium White, Shitake



**COMING SOON:**  
Nectarines  
Jumbo Carrots  
Red Potatoes  
Yellow Potatoes

## Rages Farms

(Port Alberni)

Long English Cucumbers

## Evergreen

(Lower Mainland)

Baby Bunch Carrots  
Mint  
Thyme  
Oregano  
Red/Green/Rainbow Chard  
Dill Weed

## Gobind Farms

(Vancouver Island)

Blackberries  
Loganberries  
Boysenberries  
Raspberries

## B.C. Hot House

(Vancouver)

On The Vine Tomatoes  
Beefsteak Tomatoes

## Galey Farms

(Victoria)

Early (Warba) Nugget Potatoes  
Early (Warba) Standard

## Windset Farms

(Vancouver)

Beefsteak Tomatoes  
On the Vine Tomatoes  
Grape Tomatoes  
Yellow Peppers  
Orange Peppers  
Red Peppers  
Mini Cucumber  
Butter Lettuce

## Lower Mainland

Blueberries  
Corn

## Okanagan

Cherries  
Apricots  
Peaches

**\*\*Product subject to availability\*\***