



# Local B.C. Products

September 3<sup>rd</sup> – September 9<sup>th</sup>, 2016

## Locally Owned & Operated

### Lower Mainland Farms

Red Nuggets  
Red Medium Potatoes

### Michell Farms (Victoria)

Green Leaf Lettuce  
Red Leaf Lettuce  
Romaine Lettuce  
Iceberg Lettuce  
Green Zucchini  
Yellow Zucchini  
Green Kale  
Green and Yellow Beans  
Red Cabbage  
Medium Carrots  
Butternut Squash  
Spaghetti Squash  
Acorn Squash

### RGR

(Lower Mainland)

Radishes  
Green Leaf Lettuce  
Bok Choy  
Baby Bok Choy  
Sui Choy  
Shanghai Bok Choy  
Spinach Bunched  
Romaine  
Butter Lettuce  
Green Zucchini  
Yellow Zucchini  
English Peas  
Green Beans  
Bi Colour Corn  
Jalapeno, Serrano & Ring of Fire Peppers



### B.C. Fresh (Lower Mainland)

Rutabaga  
Green Cabbage  
Red Cabbage  
Turnips  
Medium Carrots  
Jumbo Carrots  
Turnips

### B.C. Hot House (Vancouver)

Beefsteak Tomatoes  
On the Vine Tomatoes  
Long English Cucumbers  
Yellow Peppers  
Orange Peppers  
Red Peppers

### Galey Farms (Victoria)

Standard Potatoes  
Bi-Colour Corn  
Yellow Potatoes

### Vancouver Island Farms (Vancouver Island)

Long English Cucumbers

### Windset Farms (Vancouver)

Beefsteak Tomatoes  
Symphony Tomatoes  
On the Vine Tomatoes  
Yellow Peppers  
Orange Peppers  
Red Peppers  
Butter Lettuce  
Long English Cucumbers

### Champs Mushrooms (Lower Mainland)

Portabella  
Portebellini  
#1  
Jumbo  
Organic - Brown, Medium White, Shitake

### Echo Valley Farms (Qualicum Beach)

Kennebec Potatoes

**\*\*Product subject to availability\*\***